**Parasites form**

**Do you wash your hands CAREFULLY and frequently when it is required?**

Not always\_\_ Usually\_\_ I am always careful\_\_

**Do you drink untreated and/or unfiltered water in the wilderness or when traveling overseas?**

Sometimes\_\_ Never/Rarely\_\_

**Have you ever lived in a tropical region?**

Yes\_\_\_ No\_\_\_

**Do you swim in small lakes or ponds?**

Yes\_\_\_ No\_\_\_

**Do you tend to experience digestive distress after eating fatty foods?**

Sometimes \_\_\_ Never/Rarely\_\_\_ Usually\_\_\_ Always\_\_\_

**Do you frequently eat raw or smoked fish (sushi)?**

Sometimes\_\_\_ Never/Rarely\_\_\_ Often\_\_\_

**Do you have any of the following:**

Bloating Yes\_\_\_ No\_\_\_

Ravenous appetite Yes\_\_\_ No\_\_\_

Abdominal pain Yes\_\_\_ No\_\_\_

Muscular weakness and/or pain Yes\_\_\_ No\_\_\_

Rectal pressure and/or itching Yes\_\_\_ No\_\_\_

**Have you ever developed diarrheal disease or severe fever while traveling abroad?**

Yes\_\_\_ No\_\_\_

**Do you own house pets that you often handle, pet, or kiss?**

Yes\_\_\_ No\_\_\_

**Do you have any of the following:**

Colon Pain Yes\_\_\_ No\_\_\_

Dark circles under the eyes Yes\_\_\_ No\_\_\_

Itchy skin (worse at night) Yes\_\_\_ No\_\_\_

Poorly formed stools Yes\_\_\_ No\_\_\_

Stomach pain after eating Yes\_\_\_ No\_\_\_

**Have you traveled overseas and / or Mexico?**

Yes\_\_\_ No\_\_\_

**Do you have any of the following:**

Constant belching Yes\_\_\_ No\_\_\_

Fever, chills Yes\_\_\_ No\_\_\_

Nausea, vomiting Yes\_\_\_ No\_\_\_

Severe fatigue Yes\_\_\_ No\_\_\_

**Do you have any of the following:**

Insomnia Yes\_\_\_ No\_\_\_

Night sweats Yes\_\_\_ No\_\_\_

Mucous in stools Yes\_\_\_ No\_\_\_

Diarrhea Yes\_\_\_ No\_\_\_

Constant or frequent heartburn Yes\_\_\_ No\_\_\_

Inability to gain or lose weight Yes\_\_\_ No\_\_\_

**Do you have a long-term history of chronic anemia?**

Yes\_\_\_ No\_\_\_

**Are you a restless sleeper?**

Yes\_\_\_ No\_\_\_

**Do you suffer, or have you ever suffered from, ulcerative colitis or Crohn's disease?**

Yes\_\_\_ No\_\_\_